



5. Lauf der Deutschen Einheit
Mühlhausen / 03.10.2008

Detailed evaluation

Mühlhaus, Helmut

Club: LTV Obereichsfeld
Number: 138

Course: 33.47 km
32 km Lauf

Category:
Männer 70 Jahre und älter

Total time: 3:56:41

Speed: 8.48 km/h
Running performance: 7:04 min/km

Rank in course/Total: 89 (of 98)

Rank in course/Men: 75 (of 82)

Best time in course: 2:14:54

Rank in category: 1(of 1)

Best time in the category: 3:56:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	26.20	3:01:52	6:56	1	-	68	1:14:53	26.20	3:01:52	6:56	1	-	77	30:45
Last lap Finish	5.80	54:49	9:27	1	-	77	26:54	33.47	3:56:41	7:04	1	-	75	1:41:47