



5. Lauf der Deutschen Einheit  
Mühlhausen / 03.10.2008

Detailed evaluation

Moritz, Waldemar

Club: Marl  
Number: 87

Course: 42.95 km  
42 km Lauf

Category:  
Männer 40 bis 49 Jahre

Total time: 3:59:05

Speed: 10.78 km/h  
Running performance: 5:34 min/km

Rank in course/Total: 16 (of 46)

Rank in course/Men: 16 (of 40)

Best time in course: 3:22:32

Rank in category: 6(of 12)

Best time in the category: 3:42:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	26.20	2:31:26	5:46	8	22:03	24	2:05:47	26.20	2:31:26	5:46	6	22:03	35	2:05:47
Lap 2	9.50	51:06	5:22	3	1:20	7	6:20	35.70	3:22:32	5:40	4	15:10	31	43:12
Last lap Finish	6.30	36:33	5:48	2	0:44	5	3:27	42.95	3:59:05	5:33	6	16:10	16	36:33