



5. Lauf der Deutschen Einheit
Mühlhausen / 03.10.2008

Detailed evaluation

Trunk, Rüdiger

Club: Eisenach
Number: 157

Course: 33.47 km
32 km Lauf

Category:
Männer 60 bis 69 Jahre

Total time: 4:00:23

Speed: 8.24 km/h
Running performance: 7:11 min/km

Rank in course/Total: 93 (of 98)

Rank in course/Men: 79 (of 82)

Best time in course: 2:14:54

Rank in category: 5(of 7)

Best time in the category: 3:01:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	26.20	3:08:47	7:12	6	44:34	79	1:21:48	26.20	3:08:47	7:12	4	44:34	23	37:40
Last lap Finish	5.80	51:36	8:53	5	14:19	74	23:41	33.47	4:00:23	7:10	5	58:53	79	1:45:29