



5. Lauf der Deutschen Einheit
Mühlhausen / 03.10.2008

Detailed evaluation

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Club: EPG Oberdorla
Number: 170

Course: 42.95 km
42 km Lauf

Category:
Männer 40 bis 49 Jahre

Total time: 4:00:28

Speed: 10.72 km/h
Running performance: 5:36 min/km

Rank in course/Total: 17 (of 46)

Rank in course/Men: 17 (of 40)

Best time in course: 3:22:32

Rank in category: 7(of 12)

Best time in the category: 3:42:55

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 26.20 | 2:20:18 | 5:21 | 6 | 10:55 | 17 | 1:54:39 | 26.20 | 2:20:18 | 5:21 | 7 | 10:55 | 36 | 1:54:39 |
| Lap 2 | 9.50 | 56:07 | 5:54 | 7 | 6:21 | 16 | 11:21 | 35.70 | 3:16:25 | 5:30 | 5 | 9:03 | 32 | 37:05 |
| Last lap Finish | 6.30 | 44:03 | 6:59 | 7 | 8:14 | 21 | 10:57 | 42.95 | 4:00:28 | 5:35 | 7 | 17:33 | 17 | 37:56 |