



5. Lauf der Deutschen Einheit
Mühlhausen / 03.10.2008

Detailed evaluation

Wenzel, Friedhelm

Club: Vfj Helmern
Number: 125

Course: 33.47 km
32 km Lauf

Category:
Männer 60 bis 69 Jahre

Total time: 4:04:02

Speed: 8.23 km/h
Running performance: 7:17 min/km

Rank in course/Total: 95 (of 98)

Rank in course/Men: 81 (of 82)

Best time in course: 2:14:54

Rank in category: 6(of 7)

Best time in the category: 3:01:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	26.20	3:07:02	7:08	5	42:49	78	1:20:03	26.20	3:07:02	7:08	5	42:49	22	35:55
Last lap Finish	5.80	57:00	9:49	6	19:43	79	29:05	33.47	4:04:02	7:17	6	1:02:32	81	1:49:08