



5. Lauf der Deutschen Einheit
Mühlhausen / 03.10.2008

Detailed evaluation

Hempel, Ute

Club: LG Kaufungen
Number: 44

Course: 33.47 km
32 km Lauf

Category:
Frauen 40 bis 49 Jahre

Total time: 4:04:36

Speed: 8.21 km/h
Running performance: 7:19 min/km

Rank in course/Total: 96 (of 98)
Rank in course/Women: 15 (of 16)
Best time in course: 2:46:01

Rank in category: 8(of 9)
Best time in the category: 2:52:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score		Total ranking								
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	26.20	3:11:56	7:19	8	55:33	15	59:56	26.20	3:11:56	7:19	8	55:33	15	59:56
Last lap Finish	5.80	52:40	9:04	8	16:43	15	18:39	33.47	4:04:36	7:18	8	1:12:16	15	1:18:35