



5. Lauf der Deutschen Einheit
Mühlhausen / 03.10.2008

Detailed evaluation

Pohl, Tizian

Club: Normania Treffurt
Number: 289

Course: 42.95 km
42 km Lauf

Category:
Männer 18 bis 29 Jahre

Total time: 4:06:48

Speed: 10.21 km/h
Running performance: 5:45 min/km

Rank in course/Total: 19 (of 46)

Rank in course/Men: 19 (of 40)

Best time in course: 3:22:32

Rank in category: 3(of 7)

Best time in the category: 3:22:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	26.20	2:12:41	5:03	3	8:01	9	1:47:02	26.20	2:12:41	5:03	3	8:01	38	1:47:02
Lap 2	9.50	1:08:54	7:15	5	24:08	32	24:08	35.70	3:21:35	5:38	2	32:09	34	42:15
Last lap Finish	6.30	45:13	7:10	4	12:07	25	12:07	42.95	4:06:48	5:44	3	44:16	19	44:16