



5. Lauf der Deutschen Einheit  
Mühlhausen / 03.10.2008

Detailed evaluation

Görlach, Folker

Club: Hainichläufer  
Number: 228

Course: 33.47 km  
32 km Lauf

Category:  
Männer 60 bis 69 Jahre

Total time: 4:09:44

Speed: 7.93 km/h  
Running performance: 7:28 min/km

Rank in course/Total: 97 (of 98)

Rank in course/Men: 82 (of 82)

Best time in course: 2:14:54

Rank in category: 7(of 7)

Best time in the category: 3:01:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	26.20	3:11:59	7:19	7	47:46	82	1:25:00	26.20	3:11:59	7:19	6	47:46	21	40:52
Last lap Finish	5.80	57:45	9:57	7	20:28	80	29:50	33.47	4:09:44	7:27	7	1:08:14	82	1:54:50