



5. Lauf der Deutschen Einheit
Mühlhausen / 03.10.2008

Detailed evaluation

Ackermann, Max

Club: SV Blau-Weiß Gangloffsömmern
Number: 2

Course: 42.95 km
42 km Lauf

Category:
Männer 18 bis 29 Jahre

Total time: 4:26:16

Speed: 9.68 km/h
Running performance: 6:12 min/km

Rank in course/Total: 30 (of 46)

Rank in course/Men: 28 (of 40)

Best time in course: 3:22:32

Rank in category: 5(of 7)

Best time in the category: 3:22:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	26.20	2:31:20	5:46	4	26:40	23	2:05:41	26.20	2:31:20	5:46	5	26:40	9	2:05:41
Lap 2	9.50	1:03:41	6:42	4	18:55	28	18:55	35.70	3:35:01	6:01	4	45:35	9	55:41
Last lap Finish	6.30	51:15	8:08	5	18:09	35	18:09	42.95	4:26:16	6:11	5	1:03:44	28	1:03:44