



5. Lauf der Deutschen Einheit
Mühlhausen / 03.10.2008

Detailed evaluation

Breitenstein, Gudrun

Club: Hainichläufer
Number: 67

Course: 42.95 km
42 km Lauf

Category:
Frauen 50 bis 59 Jahre

Total time: 4:34:23

Speed: 9.18 km/h
Running performance: 6:23 min/km

Rank in course/Total: 32 (of 46)

Rank in course/Women: 3 (of 6)

Best time in course: 4:08:51

Rank in category: 1(of 2)

Best time in the category: 4:34:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	26.20	2:47:05	6:22	1	-	4	2:10:13	26.20	2:47:05	6:22	1	-	3	12:59
Lap 2	9.50	1:02:52	6:37	1	-	3	7:52	35.70	3:49:57	6:26	1	-	3	20:51
Last lap Finish	6.30	44:26	7:03	2	1:00	3	4:41	42.95	4:34:23	6:23	1	-	3	25:32