



5. Lauf der Deutschen Einheit
Mühlhausen / 03.10.2008

Detailed evaluation

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Club: SV Normania Treffurt
Number: 193

Course: 42.95 km
42 km Lauf

Category:
Männer 30 bis 39 Jahre

Total time: 4:36:02

Speed: 9.13 km/h
Running performance: 6:26 min/km

Rank in course/Total: 34 (of 46)

Rank in course/Men: 30 (of 40)

Best time in course: 3:22:32

Rank in category: 8(of 10)

Best time in the category: 3:27:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	26.20	25:39	0:58	1	-	1	-	26.20	25:39	0:58	7		1	-
Lap 2	9.50	2:13:41	14:04	10	1:27:36	40	1:28:55	35.70	2:39:20	4:27	7		1	-
Last lap Finish	6.30	1:56:42	18:31	10	1:21:32	40	1:23:36	42.95	4:36:02	6:25	8	1:08:38	30	1:13:30