



5. Lauf der Deutschen Einheit

Mühlhausen / 03.10.2008

Detailed evaluation

Gelzinn, Hans

Club: Feuerwehr Gierstädt
Number: 33

Course: 42.95 km
42 km Lauf

Category:
Männer 50 bis 59 Jahre

Total time: 4:40:46

Speed: 8.98 km/h
Running performance: 6:32 min/km

Rank in course/Total: 35 (of 46)

Rank in course/Men: 31 (of 40)

Best time in course: 3:22:32

Rank in category: 7(of 9)

Best time in the category: 3:27:03

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	26.20	2:39:46	6:05	8	34:21	33	2:14:07	26.20	2:39:46	6:05	7	34:21	12	2:14:07
Lap 2	9.50	1:09:52	7:21	8	21:31	33	25:06	35.70	3:49:38	6:25	7	55:52	12	1:10:18
Last lap Finish	6.30	51:08	8:06	8	17:51	34	18:02	42.95	4:40:46	6:32	7	1:13:43	31	1:18:14