



5. Lauf der Deutschen Einheit  
Mühlhausen / 03.10.2008

Detailed evaluation

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Club: Laufftreff Elsen-Wewer  
Number: 6

Course: 42.95 km  
42 km Lauf

Category:  
Frauen 50 bis 59 Jahre

Total time: 4:50:15

Speed: 8.68 km/h  
Running performance: 6:46 min/km

Rank in course/Total: 37 (of 46)

Rank in course/Women: 5 (of 6)

Best time in course: 4:08:51

Rank in category: 2(of 2)

Best time in the category: 4:34:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	26.20	3:02:36	6:58	2	15:31	5	2:25:44	26.20	3:02:36	6:58	2	15:31	5	28:30
Lap 2	9.50	1:04:13	6:45	2	1:21	4	9:13	35.70	4:06:49	6:54	2	16:52	5	37:43
Last lap Finish	6.30	43:26	6:53	1	-	2	3:41	42.95	4:50:15	6:45	2	15:52	5	41:24