



5. Lauf der Deutschen Einheit  
Mühlhausen / 03.10.2008

Detailed evaluation

Kaltwasser, Cornelia

Club: GMRV Weilheim  
Number: 54

Course: 42.95 km  
42 km Lauf

Category:  
Frauen 40 bis 49 Jahre

Total time: 5:05:55

Speed: 8.42 km/h  
Running performance: 7:07 min/km

Rank in course/Total: 44 (of 46)

Rank in course/Women: 6 (of 6)

Best time in course: 4:08:51

Rank in category: 1(of 1)

Best time in the category: 5:05:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	26.20	3:03:26	7:00	1	-	6	2:26:34	26.20	3:03:26	7:00	1	-	6	29:20
Lap 2	9.50	1:12:11	7:35	1	-	5	17:11	35.70	4:15:37	7:09	1	-	6	46:31
Last lap Finish	6.30	50:18	7:59	1	-	5	10:33	42.95	5:05:55	7:07	1	-	6	57:04