



5. Lauf der Deutschen Einheit
Mühlhausen / 03.10.2008

Detailed evaluation

Kaltwasser, Jörg

Club: GMRV Weilheim
Number: 53

Course: 42.95 km
42 km Lauf

Category:
Männer 40 bis 49 Jahre

Total time: 5:05:55

Speed: 8.24 km/h
Running performance: 7:07 min/km

Rank in course/Total: 45 (of 46)

Rank in course/Men: 39 (of 40)

Best time in course: 3:22:32

Rank in category: 12(of 12)

Best time in the category: 3:42:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	26.20	3:03:26	7:00	12	54:03	37	2:37:47	26.20	3:03:26	7:00	12	54:03	19	2:37:47
Lap 2	9.50	1:12:12	7:36	12	22:26	36	27:26	35.70	4:15:38	7:09	10	1:08:16	18	1:36:18
Last lap Finish	6.30	50:17	7:58	12	14:28	33	17:11	42.95	5:05:55	7:07	12	1:23:00	39	1:43:23