



## 6. Thüringer Nordic Walking Tag

Vesser / 04.10.2008

### Detailed evaluation

**Pfrenge, Ina**

Club: Ilmenau

Number: 553

Course: 17.50 km

Halbmarathon

Total time: 3:09:20

Speed: 5.39 km/h

Course score: 17.00

performance score: 136 Points