



7. Langenberg-Marathon
 Wiemeringhausen / 05.10.2008

Detailed evaluation

Kösters, Rafael

Club: ride-of-hope.de
 Number: 259

Course: 77.00 km
 Mitteldistanz

Category:
 Senioren I

Total time: 3:29:18

Speed: 22.07 km/h

Rank in course/Total: 5 (of 164)

Rank in course/Men: 5 (of 151)

Best time in course: 3:02:04

Rank in category: 3(of 64)

Best time in the category: 3:02:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenkontrolle	44.00	1:54:08	23.13	4	12:52	8	12:52	44.00	1:54:08	23.13	36		7	5:34
Finish	33.00	1:35:10	20.81	2	14:22	5	14:22	77.00	3:29:18	22.07	3	27:14	5	27:14