



7. Langenberg-Marathon
Wiemeringhausen / 05.10.2008

Detailed evaluation

Hölz, Raimund

Club: Eifel-Mountain Team
Number: 238

Course: 77.00 km
Mitteldistanz

Category:
Senioren I

Total time: 3:37:45

Speed: 21.22 km/h

Rank in course/Total: 11 (of 164)

Rank in course/Men: 11 (of 151)

Best time in course: 3:02:04

Rank in category: 6(of 64)

Best time in the category: 3:02:04

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Rundenkontrolle	44.00	1:57:23	22.49	7	16:07	14	16:07	44.00	1:57:23	22.49	39		13	8:49
Finish	33.00	1:40:22	19.73	7	19:34	14	19:34	77.00	3:37:45	21.22	6	35:41	11	35:41