



7. Langenberg-Marathon
Wiemeringhausen / 05.10.2008

Detailed evaluation

Gieß, Volker

Club: Ski-Klub Lüdenscheid
Number: 227

Course: 77.00 km
Mitteldistanz

Category:
Senioren II

Total time: 3:39:01

Speed: 21.09 km/h

Rank in course/Total: 12 (of 164)

Rank in course/Men: 12 (of 151)

Best time in course: 3:02:04

Rank in category: 3(of 48)

Best time in the category: 3:31:00

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------------|-------|---------|-------|------|--------|-----|--------|-------|---------|-------|------|--------|-----|--------|
| | km | Time | km/h | Cat. | Cat. | Men | Men | km | Time | km/h | Cat. | Cat. | Men | Men |
| Rundenkontrolle | 44.00 | 1:56:26 | 22.67 | 3 | 2:28 | 12 | 15:10 | 44.00 | 1:56:26 | 22.67 | 27 | | 14 | 7:52 |
| Finish | 33.00 | 1:42:35 | 19.30 | 4 | 5:33 | 16 | 21:47 | 77.00 | 3:39:01 | 21.09 | 3 | 8:01 | 12 | 36:57 |