



7. Langenberg-Marathon  
Wiemeringhausen / 05.10.2008

Detailed evaluation

Gieß, Volker

Club: Ski-Klub Lüdenscheid  
Number: 227

Course: 77.00 km  
Mitteldistanz

Category:  
Senioren II

Total time: 3:39:01

Speed: 21.09 km/h

Rank in course/Total: 12 (of 164)

Rank in course/Men: 12 (of 151)

Best time in course: 3:02:04

Rank in category: 3(of 48)

Best time in the category: 3:31:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Rundenkontrolle	44.00	1:56:26	22.67	3	2:28	12	15:10	44.00	1:56:26	22.67	27		14	7:52
Finish	33.00	1:42:35	19.30	4	5:33	16	21:47	77.00	3:39:01	21.09	3	8:01	12	36:57