



7. Langenberg-Marathon  
Wiemeringhausen / 05.10.2008

Detailed evaluation

Arens, Frank

Club: TV Attorn  
Number: 229

Course: 77.00 km  
Mitteldistanz

Category:  
Senioren I

Total time: 3:49:40

Speed: 20.12 km/h

Rank in course/Total: 22 (of 164)

Rank in course/Men: 22 (of 151)

Best time in course: 3:02:04

Rank in category: 10(of 64)

Best time in the category: 3:02:04

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Rundenkontrolle	44.00	2:05:10	21.09	14	23:54	30	23:54	44.00	2:05:10	21.09	43		25	16:36
Finish	33.00	1:44:30	18.95	10	23:42	18	23:42	77.00	3:49:40	20.12	10	47:36	22	47:36