



7. Langenberg-Marathon  
Wiemeringhausen / 05.10.2008

Detailed evaluation

Sowa, Gerd

Club: Focus Team 2Rad-Meyer  
Number: 233

Course: 77.00 km  
Mitteldistanz

Category:  
Senioren I

Total time: 4:04:40

Speed: 18.88 km/h

Rank in course/Total: 43 (of 164)

Rank in course/Men: 43 (of 151)

Best time in course: 3:02:04

Rank in category: 19(of 64)

Best time in the category: 3:02:04

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Rundenkontrolle	44.00	2:10:17	20.26	21	29:01	43	29:01	44.00	2:10:17	20.26	52		46	21:43
Finish	33.00	1:54:23	17.31	22	33:35	43	33:35	77.00	4:04:40	18.88	19	1:02:36	43	1:02:36