



7. Langenberg-Marathon

Wiemeringhausen / 05.10.2008

Detailed evaluation

Gilsbach, Theo

Club: DJK Grafenschaft
Number: 194

Course: 77.00 km
Mitteldistanz

Category:
Senioren III

Total time: 4:13:28

Speed: 18.23 km/h

Rank in course/Total: 57 (of 164)

Rank in course/Men: 57 (of 151)

Best time in course: 3:02:04

Rank in category: 4(of 13)

Best time in the category: 3:44:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Rundenkontrolle	44.00	2:11:53	20.02	4	15:24	50	30:37	44.00	2:11:53	20.02	4	15:24	60	23:19
Finish	33.00	2:01:35	16.29	6	14:04	77	40:47	77.00	4:13:28	18.23	4	29:28	57	1:11:24