



7. Langenberg-Marathon  
Wiemeringhausen / 05.10.2008

Detailed evaluation

Spanjer, Jos

Club: Hesselink-Zwiep marathonteam  
Number: 208

Course: 77.00 km  
Mitteldistanz

Category:  
Senioren II

Total time: 4:22:44

Speed: 17.58 km/h

Rank in course/Total: 81 (of 164)

Rank in course/Men: 79 (of 151)

Best time in course: 3:02:04

Rank in category: 25(of 48)

Best time in the category: 3:31:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Rundenkontrolle	44.00	2:20:03	18.85	25	26:05	80	38:47	44.00	2:20:03	18.85	13		82	31:29
Finish	33.00	2:02:41	16.14	27	25:39	80	41:53	77.00	4:22:44	17.58	25	51:44	79	1:20:40