



7. Langenberg-Marathon
 Wiemeringhausen / 05.10.2008

Detailed evaluation

van der Woude, Herman

Club: Reto Arnhem
 Number: 458

Course: 77.00 km
 Mitteldistanz

Category:
 Senioren I

Total time: 4:23:23

Speed: 17.54 km/h

Rank in course/Total: 82 (of 164)

Rank in course/Men: 80 (of 151)

Best time in course: 3:02:04

Rank in category: 38(of 64)

Best time in the category: 3:02:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Rundenkontrolle	44.00	2:17:16	19.23	35	36:00	69	36:00	44.00	2:17:16	19.23	7			83	28:42
Finish	33.00	2:06:07	15.70	44	45:19	92	45:19	77.00	4:23:23	17.54	38	1:21:19		80	1:21:19