



7. Langenberg-Marathon
Wiemeringhausen / 05.10.2008

Detailed evaluation

van der Woude, Herman

Club: Reto Arnhem
Number: 458

Course: 77.00 km
Mitteldistanz

Category:
Senioren I

Total time: 4:23:23

Speed: 17.54 km/h

Rank in course/Total: 82 (of 164)

Rank in course/Men: 80 (of 151)

Best time in course: 3:02:04

Rank in category: 38(of 64)

Best time in the category: 3:02:04

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Rundenkontrolle	44.00	2:17:16	19.23	35	36:00	69	36:00	44.00	2:17:16	19.23	7		83	28:42
Finish	33.00	2:06:07	15.70	44	45:19	92	45:19	77.00	4:23:23	17.54	38	1:21:19	80	1:21:19