



7. Langenberg-Marathon
Wiemeringhausen / 05.10.2008

Detailed evaluation

Koschinski, Jan-Olaf

Club: DPD-No limits
Number: 900

Course: 77.00 km
Mitteldistanz

Category:
Senioren II

Total time: 4:25:09

Speed: 17.42 km/h

Rank in course/Total: 86 (of 164)

Rank in course/Men: 84 (of 151)

Best time in course: 3:02:04

Rank in category: 29(of 48)

Best time in the category: 3:31:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Rundenkontrolle	44.00	2:25:43	18.12	35	31:45	106	44:27	44.00	2:25:43	18.12	4	1:04	86	37:09
Finish	33.00	1:59:26	16.58	25	22:24	66	38:38	77.00	4:25:09	17.42	29	54:09	84	1:23:05