



7. Langenberg-Marathon
 Wiemeringhausen / 05.10.2008

Detailed evaluation

Kudelka, Udo

Club: RSV Staubwolke Refrath
 Number: 283

Course: 77.00 km
 Mitteldistanz

Category:
 Senioren II

Total time: 4:28:31

Speed: 17.21 km/h

Rank in course/Total: 92 (of 164)

Rank in course/Men: 89 (of 151)

Best time in course: 3:02:04

Rank in category: 30(of 48)

Best time in the category: 3:31:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenkontrolle	44.00	2:19:05	18.98	23	25:07	75	37:49	44.00	2:19:05	18.98	6		92	30:31
Finish	33.00	2:09:26	15.30	32	32:24	101	48:38	77.00	4:28:31	17.21	30	57:31	89	1:26:27