



7. Langenberg-Marathon  
 Wiemeringhausen / 05.10.2008

Detailed evaluation

Nijkamp, John

Club: Zwiep team  
 Number: 359

Course: 77.00 km  
 Mitteldistanz

Category:  
 Senioren I

Total time: 4:39:01

Speed: 16.56 km/h

Rank in course/Total: 114 (of 164)

Rank in course/Men: 111 (of 151)

Best time in course: 3:02:04

Rank in category: 48(of 64)

Best time in the category: 3:02:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Rundenkontrolle	44.00	2:29:33	17.65	50	48:17	115	48:17	44.00	2:29:33	17.65	1	-	114	40:59
Finish	33.00	2:09:28	15.29	47	48:40	102	48:40	77.00	4:39:01	16.56	48	1:36:57	111	1:36:57