



7. Langenberg-Marathon
 Wiemeringhausen / 05.10.2008

Detailed evaluation

de Jong, Guido

Club: MBC Bar End / Proquro
 Number: 392

Course: 110.00 km
 Langdistanz (Lizenz)

Category:
 Lizenzfahrer

Total time: 4:57:04

Speed: 22.22 km/h

Rank in course/Total: 4 (of 29)

Rank in course/Men: 4 (of 27)

Best time in course: 4:31:32

Rank in category: 4(of 27)

Best time in the category: 4:31:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Rundenkontrolle	44.00	1:47:04	24.66	4	4	5:44	4	44.00	1:47:04	24.66	24			24
Rundenkontrolle	33.00	1:31:34	21.62	4	4	9:29	4	77.00	3:18:38	23.26	24			24
Finish	33.00	1:38:26	20.12	9	9	1:28:21	9	110.00	4:57:04	22.22	5	1:19:58	5	1:19:58