



7. Langenberg-Marathon

Wiemeringhausen / 05.10.2008

Detailed evaluation

de Jong, Guido

Club: MBC Bar End / Proquro
Number: 392

Course: 110.00 km
Langdistanz (Lizenz)

Category:
Lizenzfahrer

Total time: 4:57:04

Speed: 22.22 km/h

Rank in course/Total: 4 (of 29)

Rank in course/Men: 4 (of 27)

Best time in course: 4:31:32

Rank in category: 4(of 27)

Best time in the category: 4:31:32

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------------|-------|---------|-------|------|---------|-----|---------|--------|---------|-------|------|---------|-----|---------|
| | km | Time | km/h | Cat. | Cat. | Men | Men | km | Time | km/h | Cat. | Cat. | Men | Men |
| Rundenkontrolle | 44.00 | 1:47:04 | 24.66 | 4 | 5:44 | 4 | 5:44 | 44.00 | 1:47:04 | 24.66 | 24 | | | 24 |
| Rundenkontrolle | 33.00 | 1:31:34 | 21.62 | 4 | 9:29 | 4 | 9:29 | 77.00 | 3:18:38 | 23.26 | 24 | | | 24 |
| Finish | 33.00 | 1:38:26 | 20.12 | 9 | 1:28:21 | 9 | 1:28:21 | 110.00 | 4:57:04 | 22.22 | 5 | 1:19:58 | 5 | 1:19:58 |