



7. Langenberg-Marathon
 Wiemeringhausen / 05.10.2008

Detailed evaluation

Prochotta, Swen

Club: Bottrop
 Number: 224

Course: 77.00 km
 Mitteldistanz

Category:
 Männer

Total time: 5:01:10

Speed: 15.34 km/h

Rank in course/Total: 142 (of 164)

Rank in course/Men: 131 (of 151)

Best time in course: 3:02:04

Rank in category: 19(of 23)

Best time in the category: 3:20:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Rundenkontrolle	44.00	2:36:00	16.92	21	46:04	133	54:44	44.00	2:36:00	16.92	4	15:53	134	47:26
Finish	33.00	2:25:10	13.64	18	54:43	128	1:04:22	77.00	5:01:10	15.34	19	1:40:47	131	1:59:06