



7. Langenberg-Marathon  
Wiemeringhausen / 05.10.2008

Detailed evaluation

Scheffer, Frank

Club: WTC zeewolde  
Number: 475

Course: 110.00 km  
Langdistanz

Category:

Senioren II

Total time: 5:05:23

Speed: 21.61 km/h

Rank in course/Total: 1 (of 32)

Rank in course/Men: 1 (of 31)

Best time in course: 5:05:23

Rank in category: 1(of 7)

Best time in the category: 5:05:23

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Rundenkontrolle	44.00	1:51:54	23.59	1	-	1	-	44.00	1:51:54	23.59	1	-	17	
Rundenkontrolle	33.00	1:34:57	20.85	1	-	1	-	77.00	3:26:51	22.34	1	-	17	
Finish	33.00	1:38:32	20.09	1	-	1	-	110.00	5:05:23	21.61	1	-	1	-