



7. Langenberg-Marathon  
 Wiemeringhausen / 05.10.2008

Detailed evaluation

van Haaster, Henk

Club: Alcmaria Victrix  
 Number: 406

Course: 110.00 km  
 Langdistanz (Lizenz)

Category:  
 Lizenzfahrer

Total time: 5:31:41

Speed: 19.90 km/h

Rank in course/Total: 17 (of 29)

Rank in course/Men: 17 (of 27)

Best time in course: 4:31:32

Rank in category: 17(of 27)

Best time in the category: 4:31:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenkontrolle	44.00	2:02:35	21.54	20	21:15	20	21:15	44.00	2:02:35	21.54	11	10:55	11	10:55
Rundenkontrolle	33.00	1:41:49	19.45	18	19:44	18	19:44	77.00	3:44:24	20.59	11	14:48	11	14:48
Finish	33.00	1:47:17	18.46	16	1:37:12	16	1:37:12	110.00	5:31:41	19.90	18	1:54:35	18	1:54:35