



7. Langenberg-Marathon  
Wiemeringhausen / 05.10.2008

Detailed evaluation

de Nooij, Minko

Club: Amersfoort  
Number: 329

Course: 110.00 km  
Langdistanz

Category:  
Senioren I

Total time: 5:57:55

Speed: 18.44 km/h

Rank in course/Total: 9 (of 32)

Rank in course/Men: 9 (of 31)

Best time in course: 5:05:23

Rank in category: 5(of 16)

Best time in the category: 5:39:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Rundenkontrolle	44.00	2:09:33	20.38	5	2:10	9	17:39	44.00	2:09:33	20.38	5	2:03	24	
Rundenkontrolle	33.00	1:51:55	17.69	6	6:25	11	16:58	77.00	4:01:28	19.13	5	8:27	24	
Finish	33.00	1:56:27	17.00	4	10:28	10	17:55	110.00	5:57:55	18.44	5	18:55	9	52:32