



7. Langenberg-Marathon
Wiemeringhausen / 05.10.2008

Detailed evaluation

Verhaar, Jan

Club: Alblasserdam
Number: 518

Course: 110.00 km
Langdistanz

Category:
Senioren II

Total time: 6:45:49

Speed: 16.26 km/h

Rank in course/Total: 26 (of 32)

Rank in course/Men: 26 (of 31)

Best time in course: 5:05:23

Rank in category: 6(of 7)

Best time in the category: 5:05:23

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Rundenkontrolle	44.00	2:29:27	17.66	7	37:33	27	37:33	44.00	2:29:27	17.66	6	37:33	7	17:54
Rundenkontrolle	33.00	2:06:42	15.63	6	31:45	27	31:45	77.00	4:36:09	16.73	6	1:09:18	7	25:14
Finish	33.00	2:09:40	15.27	5	31:08	21	31:08	110.00	6:45:49	16.26	6	1:40:26	26	1:40:26