



7. Langenberg-Marathon
 Wiemeringhausen / 05.10.2008

Detailed evaluation

Nes, Fred

Club: Winkel
 Number: 366

Course: 110.00 km
 Langdistanz

Category:
 Senioren III

Total time: 6:45:56

Speed: 16.26 km/h

Rank in course/Total: 27 (of 32)

Rank in course/Men: 27 (of 31)

Best time in course: 5:05:23

Rank in category: 3(of 3)

Best time in the category: 6:22:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenkontrolle	44.00	2:23:37	18.38	2	7:25	24	31:43	44.00	2:23:37	18.38	3	7:25	6	12:04
Rundenkontrolle	33.00	2:07:53	15.48	3	25:17	28	32:56	77.00	4:31:30	17.02	3	14:31	6	20:35
Finish	33.00	2:14:26	14.73	3	22:56	25	35:54	110.00	6:45:56	16.26	3	23:25	27	1:40:33