



2. Schlaubetal-Marathon
Eisenhüttenstadt / 18.10.2008

Detailed evaluation

Vanicek, Michael

Club: LG Nord Berlin
Number: 703

Course: 42.19 km
Marathon Lauf

Category:
Männer M40

Total time: 3:00:27

Speed: 14.03 km/h
Running performance: 4:17 min/km

Rank in course/Total: 2 (of 96)

Rank in course/Men: 2 (of 77)

Best time in course: 2:54:19

Rank in category: 1(of 17)

Best time in the category: 3:00:27

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	43:46	4:22	1	-	7	2:55	10.00	43:46	4:22	1	-	51	
Lap 2	13.60	55:24	4:04	1	-	2	2:54	23.60	1:39:10	4:12	9		53	
Lap 3	7.20	35:30	4:55	1	-	2	1:47	30.80	2:14:40	4:22	8		54	
Last lap Finish	11.39	45:47	4:01	1	-	1	-	42.19	3:00:27	4:16	1	-	2	6:08