



## 2. Schlaubetal-Marathon

Eisenhüttenstadt / 18.10.2008

### Detailed evaluation

**Malig, Ralf**

Club: Senftenberg

Number: 612

Course: 42.19 km

Marathon Lauf

Category:

Männer M45

Total time: 3:06:41

Speed: 13.50 km/h

Running performance: 4:25 min/km

Rank in course/Total: 5 (of 96)

Rank in course/Men: 5 (of 77)

Best time in course: 2:54:19

Rank in category: 1(of 15)

Best time in the category: 3:06:41

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.00	43:42	4:22	3	0:42	6	2:51	10.00	43:42	4:22	1	-	48	
Lap 2	13.60	57:25	4:13	2	0:05	6	4:55	23.60	1:41:07	4:17	1	-	50	
Lap 3	7.20	37:39	5:13	1	-	6	3:56	30.80	2:18:46	4:30	1	-	51	
Last lap Finish	11.39	47:55	4:12	1	-	3	2:08	42.19	3:06:41	4:25	1	-	5	12:22