



2. Schlaubetal-Marathon

Eisenhüttenstadt / 18.10.2008

Detailed evaluation

Malig, Ralf

Club: Senftenberg
Number: 612

Course: 42.19 km
Marathon Lauf

Category:
Männer M45

Total time: 3:06:41

Speed: 13.56 km/h
Running performance: 4:25 min/km

Rank in course/Total: 5 (of 96)

Rank in course/Men: 5 (of 77)

Best time in course: 2:54:19

Rank in category: 1(of 15)

Best time in the category: 3:06:41

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 10.00 | 43:42 | 4:22 | 3 | 0:42 | 6 | 2:51 | 10.00 | 43:42 | 4:22 | 1 | - | 48 | |
| Lap 2 | 13.60 | 57:25 | 4:13 | 2 | 0:05 | 6 | 4:55 | 23.60 | 1:41:07 | 4:17 | 1 | - | 50 | |
| Lap 3 | 7.20 | 37:39 | 5:13 | 1 | - | 6 | 3:56 | 30.80 | 2:18:46 | 4:30 | 1 | - | 51 | |
| Last lap Finish | 11.39 | 47:55 | 4:12 | 1 | - | 3 | 2:08 | 42.19 | 3:06:41 | 4:25 | 1 | - | 5 | 12:22 |