



2. Schlaubetal-Marathon

Eisenhüttenstadt / 18.10.2008

Detailed evaluation

Herrmann, Ingmar

Club: Hoppegarten
Number: 697

Course: 42.19 km
Marathon Lauf

Category:
Männer M30

Total time: 3:08:55

Speed: 13.40 km/h
Running performance: 4:29 min/km

Rank in course/Total: 6 (of 96)

Rank in course/Men: 6 (of 77)

Best time in course: 2:54:19

Rank in category: 1(of 9)

Best time in the category: 3:08:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	46:02	4:36	2	2:03	13	5:11	10.00	46:02	4:36	1	-	47	
Lap 2	13.60	58:27	4:17	1	-	8	5:57	23.60	1:44:29	4:25	1	-	49	
Lap 3	7.20	36:05	5:00	1	-	4	2:22	30.80	2:20:34	4:33	1	-	50	
Last lap Finish	11.39	48:21	4:14	1	-	4	2:34	42.19	3:08:55	4:28	1	-	6	14:36