



2. Schlaubetal-Marathon

Eisenhüttenstadt / 18.10.2008

Detailed evaluation

Muhs, Matthias

Club: TV Fürstenwalde
Number: 678

Course: 42.19 km
Marathon Lauf

Category:
Männer M45

Total time: 3:13:40

Speed: 13.01 km/h
Running performance: 4:35 min/km

Rank in course/Total: 8 (of 96)

Rank in course/Men: 8 (of 77)

Best time in course: 2:54:19

Rank in category: 3(of 15)

Best time in the category: 3:06:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	43:13	4:19	2	0:13	4	2:22	10.00	43:13	4:19	3		45	
Lap 2	13.60	57:39	4:14	3	0:19	7	5:09	23.60	1:40:52	4:16	3		47	
Lap 3	7.20	38:30	5:20	3	0:51	9	4:47	30.80	2:19:22	4:31	3	0:36	48	
Last lap Finish	11.39	54:18	4:46	3	6:23	10	8:31	42.19	3:13:40	4:35	3	6:59	8	19:21