



2. Schlaubetal-Marathon

Eisenhüttenstadt / 18.10.2008

Detailed evaluation

Hilbert, Michael

Club: Waldläufer Grünheide
Number: 681

Course: 42.19 km
Marathon Lauf

Category:
Männer M45

Total time: 3:30:48

Speed: 11.95 km/h
Running performance: 5:00 min/km

Rank in course/Total: 16 (of 96)

Rank in course/Men: 15 (of 77)

Best time in course: 2:54:19

Rank in category: 4(of 15)

Best time in the category: 3:06:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	10.00	50:03	5:00	5	7:03	22	9:12	10.00	50:03	5:00	4	6:21	38		
Lap 2	13.60	1:04:02	4:42	4	6:42	16	11:32	23.60	1:54:05	4:50	4	12:58	40		
Lap 3	7.20	40:25	5:36	4	2:46	11	6:42	30.80	2:34:30	5:00	4	15:44	41		
Last lap Finish	11.39	56:18	4:56	5	8:23	14	10:31	42.19	3:30:48	4:59	4	24:07	15	36:29	