



2. Schlaubetal-Marathon

Eisenhüttenstadt / 18.10.2008

Detailed evaluation

Münnich, Sebastian

Club: MSV Tripoint Frankfurt (Oder)
Number: 652

Course: 42.19 km
Marathon Lauf

Category:
Männer M30

Total time: 3:36:51

Speed: 11.67 km/h
Running performance: 5:08 min/km

Rank in course/Total: 20 (of 96)

Rank in course/Men: 19 (of 77)

Best time in course: 2:54:19

Rank in category: 3(of 9)

Best time in the category: 3:08:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	47:18	4:43	3	3:19	14	6:27	10.00	47:18	4:43	3	1:16	67	
Lap 2	13.60	1:04:39	4:45	4	6:12	20	12:09	23.60	1:51:57	4:44	3	7:28	36	
Lap 3	7.20	43:13	6:00	4	7:08	21	9:30	30.80	2:35:10	5:02	3	14:36	37	
Last lap Finish	11.39	1:01:41	5:24	3	13:20	30	15:54	42.19	3:36:51	5:08	3	27:56	19	42:32