



2. Schlaubetal-Marathon

Eisenhüttenstadt / 18.10.2008

Detailed evaluation

Hensel, Jochen

Club: LT Bernd Hübner Berlin
Number: 707

Course: 42.19 km
Marathon Lauf

Category:
Männer M45

Total time: 3:37:27

Speed: 11.64 km/h
Running performance: 5:09 min/km

Rank in course/Total: 21 (of 96)

Rank in course/Men: 20 (of 77)

Best time in course: 2:54:19

Rank in category: 5(of 15)

Best time in the category: 3:06:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	10.00	52:18	5:13	6	9:18	28	11:27	10.00	52:18	5:13	5	8:36	66		
Lap 2	13.60	1:07:15	4:56	6	9:55	25	14:45	23.60	1:59:33	5:03	12	18:26	63		
Lap 3	7.20	42:19	5:52	5	4:40	16	8:36	30.80	2:41:52	5:15	5	23:06	60		
Last lap Finish	11.39	55:35	4:52	4	7:40	11	9:48	42.19	3:37:27	5:09	5	30:46	20	43:08	