



2. Schlaubetal-Marathon
Eisenhüttenstadt / 18.10.2008

Detailed evaluation

Stegemann, Steffi

Club: Team Lichtenberg/Pagram
Number: 633

Course: 42.19 km
Marathon Lauf

Category:
Frauen W40

Total time: 3:42:48

Speed: 11.36 km/h
Running performance: 5:17 min/km

Rank in course/Total: 26 (of 96)
Rank in course/Women: 3 (of 19)
Best time in course: 3:27:34

Rank in category: 3(of 5)
Best time in the category: 3:27:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Lap 1	10.00	50:30	5:02	2	3:18	2	3:18	10.00	50:30	5:02	3	3:18	14
Lap 2	13.60	1:06:36	4:53	2	3:43	2	3:43	23.60	1:57:06	4:57	2	7:01	18
Lap 3	7.20	44:20	6:09	3	2:13	3	2:13	30.80	2:41:26	5:14	3	9:14	16
Last lap Finish	11.39	1:01:22	5:23	3	6:00	3	6:00	42.19	3:42:48	5:16	3	15:14	3 15:14