



2. Schlaubetal-Marathon

Eisenhüttenstadt / 18.10.2008

Detailed evaluation

Stegelman, Carsten

Club: Team Lichtenberg/Pagram
Number: 632

Course: 42.19 km
Marathon Lauf

Category:
Männer M40

Total time: 3:42:48

Speed: 11.31 km/h
Running performance: 5:17 min/km

Rank in course/Total: 25 (of 96)

Rank in course/Men: 23 (of 77)

Best time in course: 2:54:19

Rank in category: 8(of 17)

Best time in the category: 3:00:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	50:26	5:02	7	6:40	23	9:35	10.00	50:26	5:02	8	6:40	63	
Lap 2	13.60	1:06:26	4:53	7	11:02	23	13:56	23.60	1:56:52	4:57	10	2:38	55	
Lap 3	7.20	44:34	6:11	10	9:04	26	10:51	30.80	2:41:26	5:14	9		55	
Last lap Finish	11.39	1:01:22	5:23	9	15:35	25	15:35	42.19	3:42:48	5:16	8	42:21	23	48:29