



## 2. Schlaubetal-Marathon

Eisenhüttenstadt / 18.10.2008

### Detailed evaluation

Lücken, Martin

Club: Frankfurt  
Number: 677

Course: 42.19 km  
Marathon Lauf

Category:  
Männer M45

Total time: 3:46:16

Speed: 11.19 km/h  
Running performance: 5:22 min/km

Rank in course/Total: 29 (of 96)

Rank in course/Men: 26 (of 77)

Best time in course: 2:54:19

Rank in category: 6(of 15)

Best time in the category: 3:06:41

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |  |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|--|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |  |
| Lap 1           | 10.00       | 47:21         | 4:44            | 4           | 4:21           | 15          | 6:30          | 10.00         | 47:21         | 4:44            | 6           | 3:39           | 60         |               |  |
| Lap 2           | 13.60       | 1:04:37       | 4:45            | 5           | 7:17           | 19          | 12:07         | 23.60         | 1:51:58       | 4:44            | 5           | 10:51          | 58         |               |  |
| Lap 3           | 7.20        | 46:16         | 6:25            | 8           | 8:37           | 34          | 12:33         | 30.80         | 2:38:14       | 5:08            | 6           | 19:28          | 59         |               |  |
| Last lap Finish | 11.39       | 1:08:02       | 5:58            | 12          | 20:07          | 45          | 22:15         | 42.19         | 3:46:16       | 5:21            | 6           | 39:35          | 26         | 51:57         |  |