



2. Schlaubetal-Marathon

Eisenhüttenstadt / 18.10.2008

Detailed evaluation

Benda, Sven

Club: Werder
Number: 608

Course: 42.19 km
Marathon Lauf

Category:
Männer M60

Total time: 3:47:11

Speed: 11.14 km/h
Running performance: 5:23 min/km

Rank in course/Total: 30 (of 96)

Rank in course/Men: 27 (of 77)

Best time in course: 2:54:19

Rank in category: 1(of 4)

Best time in the category: 3:47:11

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	50:32	5:03	1	-	25	9:41	10.00	50:32	5:03	1	-	59	
Lap 2	13.60	1:08:13	5:00	1	-	29	15:43	23.60	1:58:45	5:01	1	-	59	
Lap 3	7.20	45:55	6:22	1	-	31	12:12	30.80	2:44:40	5:20	1	-	58	
Last lap Finish	11.39	1:02:31	5:29	1	-	35	16:44	42.19	3:47:11	5:23	1	-	27	52:52