



2. Schlaubetal-Marathon

Eisenhüttenstadt / 18.10.2008

Detailed evaluation

Megel, Heinz-Dieter

Club: Kolkwitz
Number: 685

Course: 42.19 km
Marathon Lauf

Category:
Männer M55

Total time: 3:50:57

Speed: 10.96 km/h
Running performance: 5:28 min/km

Rank in course/Total: 32 (of 96)

Rank in course/Men: 29 (of 77)

Best time in course: 2:54:19

Rank in category: 2(of 6)

Best time in the category: 3:26:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	55:55	5:35	3	10:49	44	15:04	10.00	55:55	5:35	2	10:49	57	
Lap 2	13.60	1:11:16	5:14	2	10:54	34	18:46	23.60	2:07:11	5:23	2	21:43	62	
Lap 3	7.20	44:44	6:12	2	3:36	27	11:01	30.80	2:51:55	5:34	2	25:19	56	
Last lap Finish	11.39	59:02	5:10	1	-	18	13:15	42.19	3:50:57	5:28	2	24:56	29	56:38