



2. Schlaubetal-Marathon

Eisenhüttenstadt / 18.10.2008

Detailed evaluation

Klose, Frank

Club: Rauen
Number: 708

Course: 42.19 km
Marathon Lauf

Category:
Männer M45

Total time: 3:52:11

Speed: 10.90 km/h
Running performance: 5:30 min/km

Rank in course/Total: 35 (of 96)

Rank in course/Men: 32 (of 77)

Best time in course: 2:54:19

Rank in category: 7(of 15)

Best time in the category: 3:06:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	52:38	5:15	7	9:38	29	11:47	10.00	52:38	5:15	7	8:56	54	
Lap 2	13.60	1:09:18	5:05	7	11:58	30	16:48	23.60	2:01:56	5:09	13	20:49	65	
Lap 3	7.20	46:25	6:26	9	8:46	35	12:42	30.80	2:48:21	5:27	7	29:35	67	
Last lap Finish	11.39	1:03:50	5:36	8	15:55	37	18:03	42.19	3:52:11	5:30	7	45:30	32	57:52