



2. Schlaubetal-Marathon

Eisenhüttenstadt / 18.10.2008

Detailed evaluation

Knispel, Michael

Club: MSV Tripoint Frankfurt (Oder)
Number: 682

Course: 42.19 km
Marathon Lauf

Category:
Männer M40

Total time: 3:54:49

Speed: 10.78 km/h
Running performance: 5:34 min/km

Rank in course/Total: 39 (of 96)

Rank in course/Men: 35 (of 77)

Best time in course: 2:54:19

Rank in category: 12(of 17)

Best time in the category: 3:00:27

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	fehlt!	-	-	-	-	-	10.00	-	-	-	-	-	-
Lap 2	13.60	1:58:17	8:41	17	1:02:53	74	1:05:47	23.60	1:58:17	5:00	6	4:03	17	
Lap 3	7.20	48:10	6:41	13	12:40	41	14:27	30.80	2:46:27	5:24	5	2:53	69	
Last lap Finish	11.39	1:08:22	6:00	14	22:35	46	22:35	42.19	3:54:49	5:33	12	54:22	35	1:00:30