



2. Schlaubetal-Marathon

Eisenhüttenstadt / 18.10.2008

Detailed evaluation

Vanselow, Thomas

Club: Lübben
Number: 641

Course: 42.19 km
Marathon Lauf

Category:
Männer M30

Total time: 3:57:31

Speed: 10.61 km/h
Running performance: 5:38 min/km

Rank in course/Total: 42 (of 96)

Rank in course/Men: 38 (of 77)

Best time in course: 2:54:19

Rank in category: 5(of 9)

Best time in the category: 3:08:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	10.00	51:25	5:08	5	7:26	26	10:34	10.00	51:25	5:08	5	5:23	27		
Lap 2	13.60	1:05:32	4:49	5	7:05	22	13:02	23.60	1:56:57	4:57	5	12:28	16		
Lap 3	7.20	45:12	6:16	5	9:07	28	11:29	30.80	2:42:09	5:15	5	21:35	16		
Last lap Finish	11.39	1:15:22	6:37	8	27:01	60	29:35	42.19	3:57:31	5:37	5	48:36	38	1:03:12	