



2. Schlaubetal-Marathon

Eisenhüttenstadt / 18.10.2008

Detailed evaluation

Handreck, Petra

Club: LTSV Forst 1990 e.V.
Number: 656

Course: 42.19 km
Marathon Lauf

Category:
Frauen W45

Total time: 4:10:01

Speed: 10.12 km/h
Running performance: 5:56 min/km

Rank in course/Total: 56 (of 96)
Rank in course/Women: 6 (of 19)
Best time in course: 3:27:34

Rank in category: 1(of 3)
Best time in the category: 4:10:01

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.00	56:28	5:38	1	-	7	9:16	10.00	56:28	5:38	1	-	11	
Lap 2	13.60	1:18:44	5:47	2	1:18	10	15:51	23.60	2:15:12	5:43	1	-	15	1:19
Lap 3	7.20	50:10	6:58	2	0:46	9	8:03	30.80	3:05:22	6:01	1	-	13	2:55
Last lap Finish	11.39	1:04:39	5:40	1	-	5	9:17	42.19	4:10:01	5:55	1	-	6	42:27